

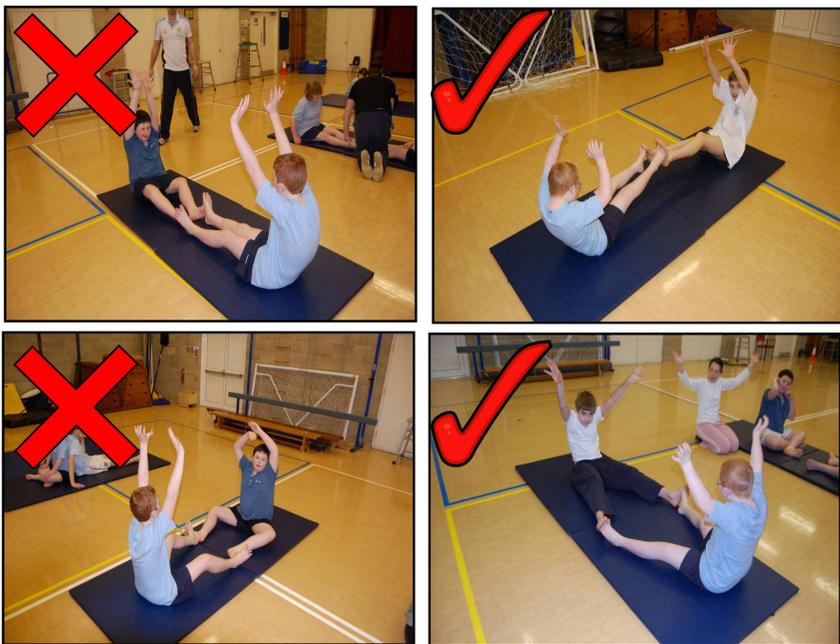
Generating **Success Criteria** as a result of Self Evaluation—comparing 2 products

Focus Lessons: *Physical Education - Gymnastics*

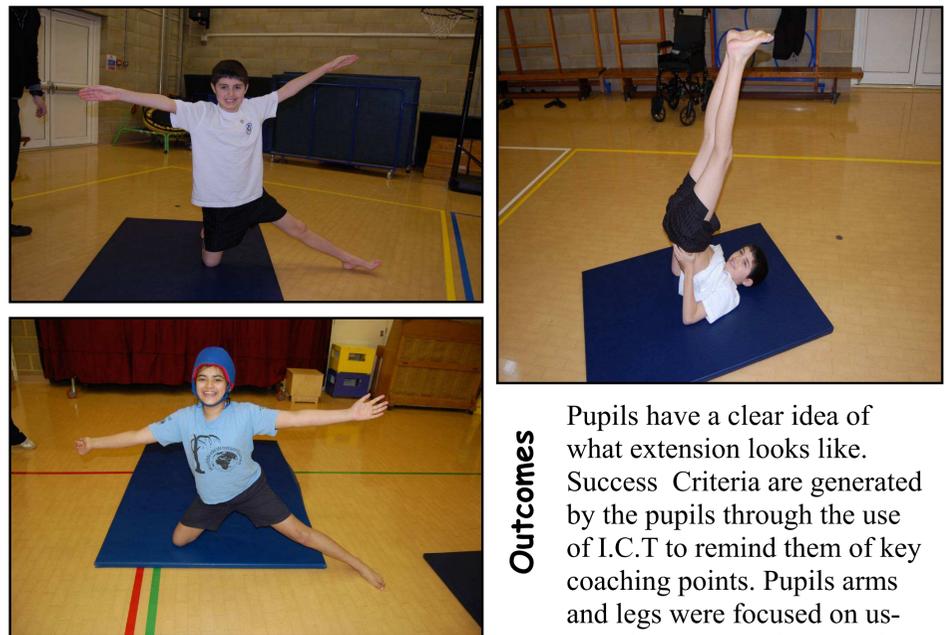
Balances using extension and tension

Starting Point 1 Analysing 2 balances to discuss areas for development and what is good - "Which one looks best and why?"

Starting Point 2 Extension - Discuss why the following balances show good use of extension.



Outcomes Pupils have a clear idea of what excellence looks like. Success Criteria are generated by the pupils through the use of I.C.T to remind them of key coaching points. The process was aided through peer and self evaluation to draw out areas for development.

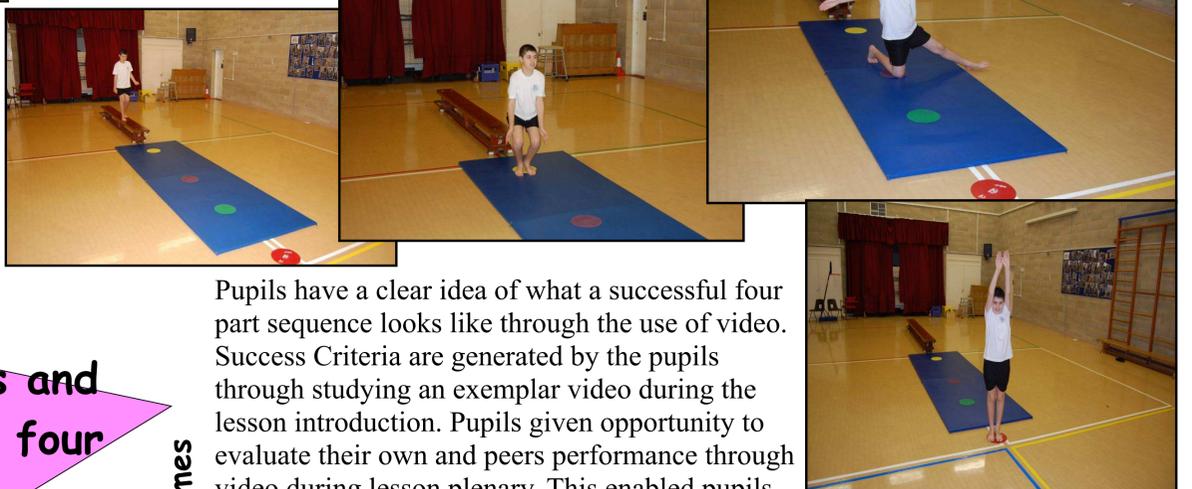


Outcomes Pupils have a clear idea of what extension looks like. Success Criteria are generated by the pupils through the use of I.C.T to remind them of key coaching points. Pupils arms and legs were focused on using a laser pen to draw out key words; straight, point, balance.



Starting Point 3 Tension - Discuss why the following balance shows good use of tension and how it feels.

Outcomes Pupils have a clear idea of what tension looks and feels like. Pupils worked in pairs or groups to discuss how they would achieve success criteria before experimenting with different group balances. This provided opportunities for communication and leadership skills to be developed between verbal and non-verbal pupils. Through the use of ICT pupils then evaluated their chosen balance and provided feedback to the whole class.



Outcomes Pupils have a clear idea of what a successful four part sequence looks like through the use of video. Success Criteria are generated by the pupils through studying an exemplar video during the lesson introduction. Pupils given opportunity to evaluate their own and peers performance through video during lesson plenary. This enabled pupils to discuss which part of the sequence is good or needs improving and whether this involves extension or tension. Pupils then developed sequences into mirrored work with a partner again using video to improve understanding of timing and pace.

Starting Point 4 Sequence - To use skills and knowledge to perform a four part sequence.